



Put a Little Spice In the Home Ec Class

by Count Marco

If an entire army can travel through a whole war with that horrible stuff they call food on its stomach, plus substitutes like C-rations, a man should be able to get through a lesser battleground—his marriage—if you are a good cook.

Bad cooks usually start in high school cooking classes, misnamed "Home Economics." These modern classes are usually an hour or two hours long, allowing only time enough to teach the girls to boil water and use electric can openers.

I really don't blame those poor, burdened home economics teachers, you understand. They try. It's the school system that is at fault, because its administrators don't always plan properly.

If the education system in this country is going to be of any future value, it should devote more hours toward two of life's basics: manners and food.

One full day every week

should be allotted to preparing a complete meal and cooking it individually. To attempt some massive effort in an hour that includes instruction time is worthless and of no value.

By the time the average high school girl gets through staring at an egg and wondering what it is, then fumbles around trying to figure out how to open it, the hour is over and she flees with a sigh of relief.

Teach them how to make complete sauces, like spaghetti sauce or real honest-to-goodness chili sauce, and teach them how to boil spaghetti. Let each of them make roasts, whether they are beef, lamb, duck or chicken. Instruct them how to cook with wines and liquors.

Use vegetables of all types. Teach them not to overcook them, teach them how to string their own beans or strip fresh

black-eyed peas. It helps them later in life to have one more thing to occupy their hands instead of their tongues.

Don't waste time giving them volumes of notes, which only bore and discourage them. In place of notes, hand them boxes of spices; let them learn by use what these spices do for foods. Teach them to bake bread.

This simple education formula will cut down the terrible divorce rate that is sweeping the teen-agers right out of the running.

Toward the end of each cooking class, invite the boys to a sit-down formal dinner. Nothing inspires a high school boy's respect for a girl more than discovering that she can cook and set a glamorous table. His awe overcomes all other intentions.

If the school boards turn down your proposals for the money to sock freezers and refrigerators with the right kinds of food, or refuse to let cooking wines and liquors be used, take your problems to the PTA. It will give it something constructive to work on for a change.

The Sad Saga of Mrs. X: Like Soap Opera, but True

In May 1958, Mrs. X, her husband and five children were tuberculin tested during a community survey. The children had a negative reaction to tuberculin, but Mrs. X and her husband both were positive reactors, which meant that they had been infected with tuberculosis germs. Mr. and Mrs. X were given chest X-rays, which showed no sign of disease.

In September 1959, Mrs. X became ill with bronchopneumonia. It was months before she recovered from her illness. However, it was February 1960, before she was referred to a clinic for a chest X-ray. The chest X-ray showed that she had advanced tuberculosis. Examination of the family showed that her husband and five children also had been infected. So had the babysitter.

THE LOCAL health agencies then launched a vigorous campaign to test those with whom Mrs. X had been in contact. The tests showed a situation that sounds like an old-fashioned radio soap opera, but the tale is true.

During Christmas of 1959, Mrs. X had visited her sister and her four children. Mrs. X had only been in her sister's house an hour, but three of the children came down with active primary TB.

On the same Christmas trip, Mrs. X had visited her three married brothers. The three brothers, a sister-in-law and three children also became infected.

These members of the family had been tuberculin negative—no TB infection—six months before, so that the source of the TB germs was plain... Mrs. X.

ANY OF THESE 17 people were candidates for active TB in the future.

This disastrous sequence illustrates well the importance of regular chest X-rays for all

those with a positive reaction to the tuberculin test. This is especially true for a positive reactor who gets a severe illness, as did Mrs. X. Don't take chances with TB. Get an annual tuberculin test—if the test is positive—a regular chest X-ray.

Torrance Church Calendar

SOUTH BAY BAPTIST CHURCH

4565 Sharynne Lane
Torrance
Pastor, Dr. C. C. Brumfield
Frontier 6-3432
Sunday School... 9:30 A.M.
Morning Worship... 10:45 A.M.
—Junior Church
Baptist Training Fellowship... 4:00 P.M.
Evening Worship... 7:00 P.M.
WEDNESDAY 7:30 P.M.
Choir Rehearsal... 8:15 P.M.
Modern Crb nursery and toddler care provided. All stated church services.
Sunday School Bus transportation schedule. Frontier 6-3432.

FOUR SQUARE GOSPEL CHURCH

Corner Arlington and Sepulveda
Tel. DA 6-2072
Rev. and Mrs. Jas P. Lowen
SUNDAY School 9:30 a.m. Morning Worship 10:45 a.m.
Group Services 6:30 p.m. (Y.P. Cadets Defenders)
Evangelistic 7:30 p.m.
WEDNESDAY - Bible Study at 7:30 p.m.
PUBLIC INVITED

HOPE CHURCH EVANGELICAL UNITED BRETHREN

2344 Artesia (W. 174th St.)
Rev. Monrad Bergeson
Res. DA 9-3542
9:30 a.m.—Sunday School
11:00 a.m.—Morning Worship
6:30 p.m.—Youth Fellowship
7:30 p.m.—Evening Worship
Bible Study and Prayer Meeting
Wednesday, 7:30
Nursery care provided for the morning services.
DA 9-1013

FIRST BAPTIST CHURCH

at Carson & Manuel St.
Torrance
Phone FA 5-5030
Pastor, Rev. Robert Dehn
SUNDAY—2 Morning Services
9:15 A.M.—10:45 A.M.
Sunday School—9:15 for Nursery thru Junior, College and Adults
10:45—Jr. High and High School
Fellowship Training—11:15 P.M.
Evangelistic Message—7:30 P.M.
WEDNESDAY—Bible Study
7:30 P.M.
Communion Service and Prayer
Nursery provided for all services,
also special mothers' room.
ALL WELCOME

GREYFRIARS MEMORIAL PRESBYTERIAN (Orthodox)

22511 South Figueroa, Torrance
Worship hours 11 a.m. and 7 p.m. Every Sunday
Sunday School at 9:45
Young People's Fellowship 6:15
Prayer Meeting every Wednesday
Evening at 7 o'clock
Dr. David Calderwood—Pastor
Mr. Richard Goron
Supt. of Sunday School
Mr. Will Power
Director of Choir

SOUTH BAY CHURCH OF GOD

17661 Yukon, Torrance
Phone DA 9-9411 or FA 1-2074
Pastor, Rev. Clifford L. Tierney
Associate Pastor, Rev. Clifford L. Hitecock
9:30 a.m.—Sunday School
11:00 a.m.—Evening Services
Nursery Care Provided

FRIENDSHIP BIBLE CHURCH

YMCA Building
2080 Washington
Torrance
G. E. Noy, Pastor
7E Address
Sunday School—10:00 a.m.
Morning Worship—11:00 a.m.
Evening Services—7:30 p.m.
Thursday Bible Study—4:45 p.m.
(Pastor's home)

CHRIST THE KING LUTHERAN CHURCH

2706 W. 152nd St. Torrance
Maynard V. Middleton, Pastor.
Phone DAVIS 2-8221;
Res. DAVIS 9-3455
Divine Worship, 8:30 A.M.
Sunday School, 9:45 A.M.
Divine Worship, 11:00 A.M.
Nursery care provided at both services.

DEL AMO SOUTHERN BAPTIST CHURCH

2226 Cabrillo Ave., Torrance
(Permanent City—226 St. at Ocean Ave.)
Sunday School—9:45 A.M.
Training Union—8 P.M.
Worship Services—11 A.M.—7 P.M.
G.A. & R.L. Auxiliaries—
Teachers 7 P.M.
Prayer Service—7:45 P.M.
Choir Rehearsal—8:30 P.M.
Pastor—Daniel H. Weaver Jr.
FR 1-2925

ASSEMBLY OF GOD CHURCH

24404 Hawthorne Blvd.
Walteria
Rev. O. W. Fish, Pastor
Frontier 6-7728
Sunday School—9:45 a.m.
Morning Worship—11:00 a.m.
Children's Church—11:00 a.m.
Evangelistic Services—7:30 p.m.
Thurs. Prayer Meeting—7:30 p.m.
Thurs. Young Peoples—7:30 p.m.

SEVENTH-DAY ADVENTIST

Corner of Agate and Sonoma
Elder Glen L. Goffar, Pastor
Residence — FR 5-8731
Church Office — FA 8-1540
Saturday
Sabbath School—9:30 A.M.
Church Services—11 A.M.
Wednesday—
Prayer Meeting—7:30 P.M.
Friday—
Youth Meeting—7:30 P.M.

ROLLING HILLS COVENANT CHURCH

2221 Palos Verdes Dr. No.
Robert A. Honnette, Pastor
Sunday School 9:45 a.m. Classes for all ages and interest groups.
Morning Worship 11:00 a.m.
Evening Service at 7:00 p.m.
Youth groups for Junior and Senior High School Youth at 6:00 p.m. Nursery and Children's church services each Sunday.

ST. ANDREW'S EPISCOPAL CHURCH

1423 Ingratta, FA 8-3781
Rev. Hugh E. Percy, R.A., H.D., Rector
7:30 a.m. Holy Communion
9:15 a.m. Family Worship Service followed by Church School and Coffee Hour
11:00 a.m. Morning Worship (Choral Eucharist on 1st and 3rd Sundays)
(Child care and Nursery provided at 9:15 and 11 a.m. services)
Weekdays: Holy Communion at 11 a.m. Thursdays and 6:30 a.m. on All Saint's Days

FIRST METHODIST CHURCH

Torrance
Carson at El Prado
Phone: FA 8-3242
Rev. Gilbert S. Zimmerman
Res. Phone: FA 8-6231
Rev. Edward D. Goodell
Res. Phone: FA 8-8717
2 Sessions of Morning Worship and church school at 9 and 11 a.m. Nursery provided.
6:30 p.m. Methodist Youth Fellowship Meetings

FIRST CHURCH OF CHRIST, SCIENTIST

2182 St. and Manuel Ave.
Torrance, Calif.
Church Services—11 a.m.
Wednesday Eve Meetings—8 p.m.
Sunday School—
9:15 a.m. and 11:30 a.m. Children under 10 year of age must be accompanied by parent or guardian for enrollment.
Reading Room—1406 Craven
Open 10 a.m. to 5 p.m. daily except Sunday and Holidays. Also 7 to 8 Monday and Friday evenings.
All are welcome to attend our services and to use our Reading Room.

CENTRAL CHURCH EVANGELICAL UNITED BRETHREN

Marcelina & Arlington
Rev. Walter M. Stanton
FA 5-2010
9:30 — Sunday School
11:00 — Morning Worship
6:30 — Youth Fellowship
7:30 — Evening Worship
Midweek Worship Service 7:00 Wednesday Evening

FIRST CHRISTIAN CHURCH OF TORRANCE

(Disciples of Christ)
2830 El Dorado, Torrance
Rev. H. Milton Stoppel, Pastor
Res. Phone FA 5-4382
Two Sessions of Church School and Morning Worship, 9:30 and 11:00 a.m.
Nursery provided at both sessions
Christian Youth Fellowship—7 p.m.

FIRST LUTHERAN CHURCH

Carson and Flower
Phone FAIRfax 5-5584
William J. Roderer, Pastor
8:00 & 10:45 a.m.—Worship Service
8:45 & 9:45 a.m.—Sunday School
Children and Adults
10:45 a.m.—Worship Service, (Nursery at 10:45 Service)
Holy Communion—First Sunday
Luther League—2nd and 4th Sundays.

ST. JAMES CATHOLIC CHURCH

417 Vincent St., Redondo
Sunday Masses: 6, 7, 8, 10:15, 11:15 and 12:15 o'clock
High Mass, 9 A.M.

FIRST CHURCH OF THE NAZARENE

1501 West Carson
R. Wallis Kornegay, Pastor
Ph. FI 8-6080
9:45 Sunday School
10:30 Morning Worship
7:00 p.m. Evening Service

DEL AMO CHRISTIAN CHURCH

4915 Emerald St.
(Corner of Emerald and Victor)
Phone 371-5414
Leslie C. Ashford, Minister
9 a.m. Sunday School
10 a.m. Morning Worship
11 a.m. Sunday School
5:30 p.m. Jet Cadets
6:30 p.m. Christian Youth Fellowship

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